



INDAS MAHAVIDYALAYA

Khosbagh, Indas, Bankura, West Bengal

Affiliated to Bankura University



Indian Council of Philosophical Research Sponsored

A One Day State Level Seminar on

**YOGA: A LIVING FORCE FOR LIVING IN
PEACE WITH HARMONY**

To Celebrate International Day of Yoga-2022

Organised by

DEPARTMENT OF PHILOSOPHY

in association with

DEPARTMENT OF PHYSICAL EDUCATION

Under the aegis of IQAC, Indas Mahavidyalaya

Date: 21.06.2022; Time: 10:00 am to 5:00 pm

Place: Indas Mahavidyalaya, Room No. - 110

Registration Fee Details

Teacher / Academician: Rs. 250/-

Research Scholar: Rs. 200/-

Registration Link: <https://forms.gle/PmanWR6aHq2ZUmKx9>

Payment UPI Id: 9800024369@ybl ; 9800024369@upi

No Registration Fee needed for College Students

Concept Note

Though the term 'yoga' refers to 'cittavṛttinirodha' i.e., complete suppression of all mental modes or processes, following Patanjali; skillful action for achieving a state of mental balance where anyone relinquishes the results of good and bad karmas in order to get rid from endless bondage, according to the *Gītā*-

Buddhi-yuktojahātīhaubhesukṛtaduṣkṛte/

Tasmādyogāyayujyasvayogaḥkarmasukauśalam || Chap.2, verse.50);

and union amongst the God with the disciple from its etymological sense; nevertheless from the practical point of view, none can deny, presently Yoga is treated as the part and parcel of life not only for the Indians, but also for the whole world, especially, after the Yoga is being recognized by the UNESCO on and from 21st June, 2016 through a thorough monitoring of the Government of India. The 'yoga is treated as the part and parcel of life' means the practical applications of the abovementioned features of yoga in our day-to-day life. In fact, the traditional sagacious socio-philosophical-culture of India was so much rich that it needs regular resume cum modification in order to resolve the contemporary problems such as war between two Nations just for power in the name of bringing peace, buttering butter in own bread at the cost of million, volatile citizenship, degradation of intrinsic values, misapplication of technological power and so on emerging out of present life.

This seminar entitled—**YOGA: A LIVING FORCE FOR LIVING IN PEACE WITH HARMONY** is actually a resume cum modification of yoga from the perspective of present time.

Resource Persons

Prof. (Dr.) Rajkumar Modak, Dept. of Philosophy
Sidho-Kanho-Birsha University, Purulia, W.B.

Dr. Gouri Sankar Nag, Professor,
Dept. of Political Science,
Sidho-Kanho-Birsha University, Purulia, W.B.

Mr. Nripen Biswas, Asst. Professor, Dept. of Philosophy
Gobordanga Hindu College, North 24 Pgs, W.B.

CALL FOR PAPERS

Send your full paper with abstract (within 200 words with 3-4 keywords) in English or Bengali. Abstracts & Full Papers should include Author(s) Full Name, Designation, Institutional affiliation and e-mail id. For English use **Times New Roman** Font [Title in 12 pt. bold, Author(s) Name in 11 pt. bold, his/her affiliation in 11 pt. and body of the paper 12 pt.] and 1.5 line spacing. In Bengali use **Avro** Font [Title in 12 pt. bold, Author(s) Name in 11 pt. bold, his/her affiliation in 11 pt. and body in size 12pt.] and 1.5 line spacing.

Submission Deadline:

Last Day for Submission of Abstract: 17.06.2022 up to 11 pm

Notification of Acceptance: 18.06.2022

Last Day for Full Paper Submission: 20.06.2022

Date of Paper Presentation: 21.06.2022

Payment UPI Id: 9800024369@ybl , 9800024369@upi

Google Forms link for Paper Submission:

<https://forms.gle/PmanWR6aHq2ZUmKx9>

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